

WALK FOR WISHES

Walk, wheel, *whoosh*




*I wish to have
a spa pool*

Jack, 6
cerebral palsy



Make-A-Wish[®]
UNITED KINGDOM



*I wish to meet
Tom Holland*
Manav, 13
cancer

Thank you for joining the **WALK FOR WISHES** challenge!

For a child living with a serious illness, every day is a challenge so they must take it one step at a time.

In our own lives, sometimes we don't realise how many daily steps we're taking. Whether we're walking to the shops, doing the school run, taking the dog out or going to work; all those steps add up. *How many miles do you think you cover in a day...a week...or a month?*

It's time to make those miles count. By signing up for the Walk for Wishes challenge, you will help raise money for Make-A-Wish UK. Do something incredible and make wishes come true for children living with critical illnesses.

Don't forget to share your journey with us on our social media channels using **#WalkforWishes**

We've included a printable tracker that you can colour in to keep you on target!

After all, every journey begins with a single step...

DAY 30!

You did it! Share pictures of your finished footprint and celebrate!

DAY 21 CHALLENGE

Wear what you wish! Walk in fancy dress and share your photos with us.

DAY 14 CHALLENGE

Find street names starting with each letter of the word **WISHES**

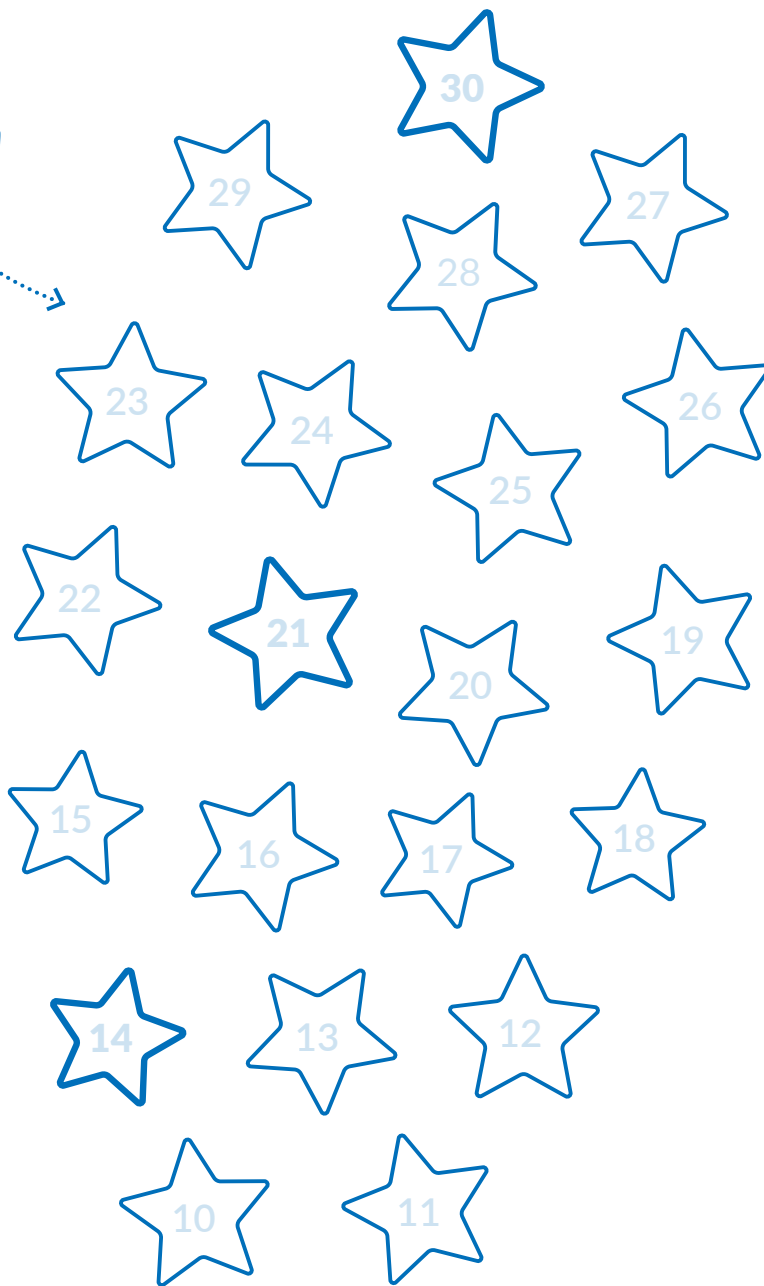
W	<input type="checkbox"/>	H	<input type="checkbox"/>
I	<input type="checkbox"/>	E	<input type="checkbox"/>
S	<input type="checkbox"/>	S	<input type="checkbox"/>

DAY 7 CHALLENGE

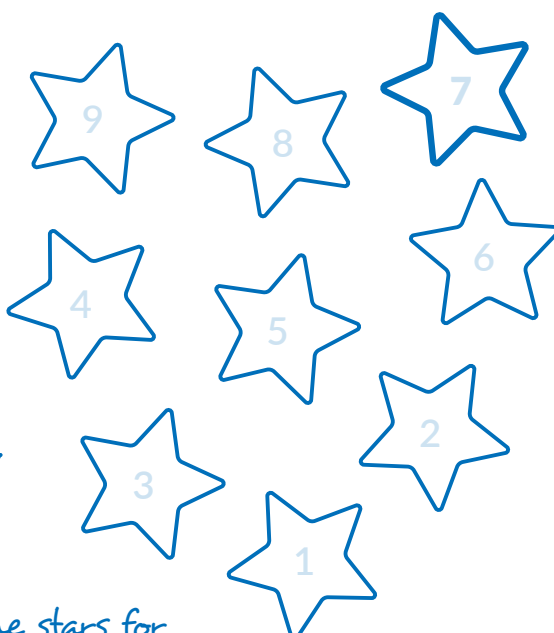
Use the Strava app to turn your walk into art!

WALK FOR
WISHES
★TRACKER

Nearly there!



Colour in the stars for each day you complete!



Make-A-Wish®

UNITED KINGDOM



*I wish to be a Head Chef
in a London Hotel*

Micaela, 11
congenital heart defect